

Hardknox Soccer

Beginners Soccer

| | Age | Day | Time | Cost | Membership Fee |
|---|---------|--|-----------|------------------|----------------|
| Includes basic soccer instruction via games and drills | 5 to 6 | Monday or Tuesday (1session pr/wk) | 5:00-5:30 | \$75 per month | \$150 |
| This class is for players with less than 2 years of soccer experience | 7 to 8 | Wednesday or Thursday (1session pr/wk) | 5:00-5:45 | \$75 per month | |
| Bring a ball, water and have on shinguards | 9 to 12 | Monday, Tuesday Wednesday or Thursday (1session pr/wk) | 5:00-6:00 | \$75 per Month | |
| | | Drop in Training | | \$25 per session | N/A |

Academy Soccer

| | Age | Day | Time | Cost | Membership Fee |
|--|---------|--|-----------|------------------|----------------|
| Includes all aspects of soccer training | 9 to 12 | Monday, Tuesday Wednesday or Thursday (1session pr/wk) | 6:00-7:30 | \$100 per month | \$150 |
| 30 minutes of Speed and Agility from 7:00-7:30 | | Unlimited Training | | \$150 per month | |
| Topics: Ball striking/shooting, dribbling, passing and heading | | Drop in Training | | \$35 per session | N/A |
| Membership Fee | | *additional day - Sunday | 2:30-4:00 | | |
| | | Open Play *1 guest allowed for \$10 | 4:00-5:00 | \$10/per guest | |

Select Soccer

| | Age | Day | Time | Cost | Membership Fee |
|--|----------|--|-----------|------------------|----------------|
| Includes all aspects of soccer training | 13 to 19 | Monday, Tuesday Wednesday or Thursday (1session pr/wk) | 7:00-8:30 | \$100 per month | \$150 |
| 30 minutes of Speed and Agility from 7:00-7:30 | | Unlimited Training | | \$150 per month | |
| Topics: Ball striking/shooting, dribbling, passing and heading | | Drop in Training | | \$35 per session | N/A |
| Membership Fee | | *additional day - Sunday | 2:30-4:00 | | |
| | | Open Play *1 guest allowed for \$10 | 4:00-5:00 | \$10/per guest | |

includes:

- Discount on training
- Discount on all camps/clinics
- Discount on leagues/tournaments
- Discount on 3v3 team registration
- Free open play day
- 1 Free School of Hardknox training T-shirt